

POTTY TRAINING DURING AT HOME LEARNING

Please continue to work on potty training during this school shutdown. Increasing your child's independence in toileting is one of their most important life skills!

* If your child is already going to the potty on their own, think about how they can be more independent. Students spending time in a general education kindergarten classroom or a VPK classroom next year will be **required** to go into the bathroom by themselves, close the door, and follow all steps without assistance. This includes wiping themselves after a bowel movement.

*If your child is working on toileting skills, work on the steps listed below:

1. Pulling pants and underwear (or "pullup") up and down with as much independence as possible
2. Getting comfortable with sitting on and with flushing the toilet
3. Sitting on or standing at the toilet for a bit and "Trying" to pee in the toilet
4. Turning water on and off
5. Pumping the soap onto their hands
6. Drying hands independently

